

2023

Institute of Public Health Newsletter- Volume4, Issue2

Institute of Public Health (IPH)

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Issue 2, Volume 4
September -
December 2022

IPH Newsletter

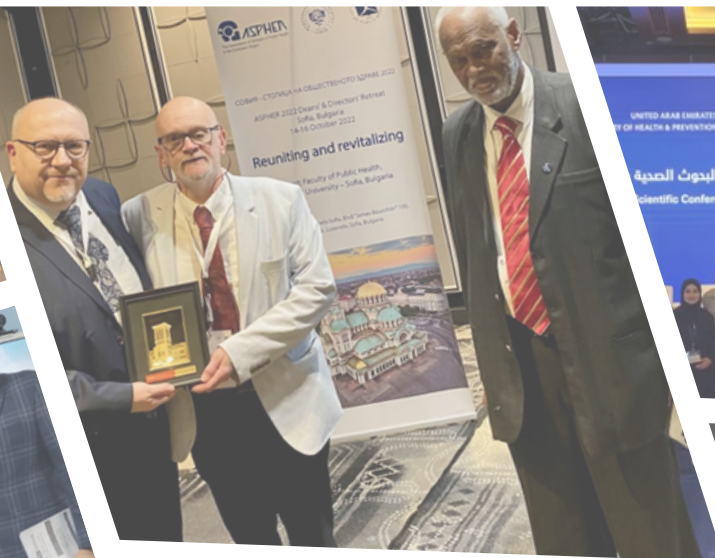


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OPENING MESSAGE

Editor-in-Chief Dr. Azhar Rahma



Dear readers,

It is 2023. I hope and pray that you all have a happy 2023 filled with joy, health, success, and blessing.

It has been a year since I took the responsibility of being the editor-in-chief of the Institute of Public Health newsletter. To tell you the truth, it is not an easy task. All of us on the editorial board are working tirelessly to produce the newsletter in a way you will like and enjoy reading. We work on our weekends, vacations, and after-hours. Sometimes, I ask myself, "is it worth it?" and the answer is "YES."

IPH is in our hearts, and we want you to see what IPH means to us. We are driven by our mission, "*To enhance the health and well-being of the population through excellence in public health education, research, community service and transforming the translated evidence into better health policies and practices to prevent diseases, strengthen the health systems and promote and advance the health of the UAE and global population.*" This mission provides us the passion and energy to do our best and to commit to any activities that take us closer to our mission and objectives.

This issue had been graphically designed by the talented Mr. Ismail Elkonaisi (IPH Postgraduate Studies Administrator and a board member). His design brings life to words, and I hope that you like it as I do.

As we prepare for the IPH newsletter's new volume of 2023, I need your help. I want to know which sections you enjoy reading and which sections to add or remove. Your voice matters to us; therefore, I kindly request that you fill out the below survey (it will take only 30 seconds). I am counting on you, so do not let me down; please share your insights and comments.

Survey link: [Click here](#)



Enjoy reading!

Dr. Azhar Talal

Editor in Chief of IPH newsletter

Allow me to introduce the amazing editorial board that worked tirelessly to produce this newsletter:



Prof. Michal Grivna
Director of the IPH.



Dr. Rami H. Al-Rifai
Associate Professor at the IPH.



Dr. Iffat ElBarazi
Assistant Professor at the IPH.



Dr. Maryam Bashir
PhD Graduate at the IPH.



Ms. Bayan Abu Hamada
Research Assistant at the IPH.



Mr. Aminu Abdullahi
Medical Research Specialist
at the IPH.

Editor and graphics designer



Mr. Ismail ElKonaisi
Postgraduate Studies
Administrator at the IPH.

SOCIAL MEDIA PLATFORMS



UAEU IPH



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IPH CMHS



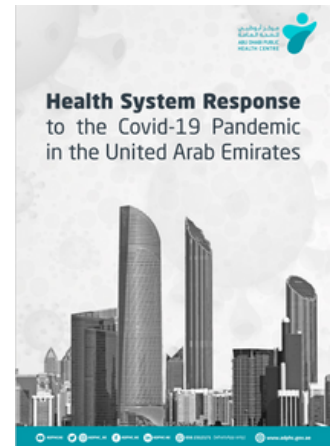
UAEU-IPH



@UAEU_IPH

Close collaboration between IPH and Abu Dhabi Public Health Center (ADPHC)

Abu Dhabi Public Health Center published in August 2022 a report on the Health System Response to the COVID-19 Pandemic in the UAE. The report was prepared in collaboration with IPH. Dr. Marilia Silva-Paulo led the team. Our IPH Faculty (Prof. Michal Grivna, Prof. Mohamud Sheek-Hussein), Adjunct Faculty (Dr. Farida Al Hosani, Dr. Bashir Aden, Dr. Erik Koornneef), and our current PhD student – Ms. Tahani Al Qadiri, were also involved.



Meeting with the Operation and Emergency Unit at UAEU

On September 2, 2022, Dr. Iffat Elbarazi, Assistant Professor, IPH, and Mrs. Shamsa Alshamsi, Senior Administrator, IPH, had a meeting with Mr. Yousef Al-Hashmi from the Operation and Emergency Unit at UAEU to discuss collaboration and arrangement of educational activities for the students at UAEU.

Meeting with Dr. Hiba Al Blooshi, Director of the UAEU Genomic Lab

A team from IPH (Prof. Michal Grivna, Dr. Azhar Talal, and Mrs. Shamsa Alshamsi) met with Dr. Hiba Al Blooshi, the Director of the UAEU Genomic Lab. The meeting occurred at the UAEU Genomic Lab on September 26, 2022. The meeting aimed at creating channels of collaboration. One of the items discussed was facilitating the opportunity for the hands-on experience of the medical students in the public health clerkship as well as MPH and PhD candidates in public health. Dr. Hiba took the team for a tour of the UAEU Genomic Lab, where they met the team and witnessed their activities and practices.



A virtual meeting with Family Development Foundation (FDF)

The IPH, represented by Prof. Fatma Al Maskari, Prof. Luai Ahmed, Dr. Iffat Elbarazi, and Ms. Shamsa Alshamsi, had a virtual meeting with Family Development Foundation (FDF) on September 28, 2022. The FDF was represented by Ms. Mounira Majed Al Ali and her team. Participants discussed plans for collaboration in education, training, and research. The FDF team agreed on facilitating IPH research and arranging scholarships for potential postgraduate students from FDF to join IPH.



Abu Dhabi Public Health Centre (ADPHC) & Institut Pasteur Infectious Disease Symposium

As an invited speaker and scholar, Dr. Rami H. Al-Rifai, an Associate Professor of Epidemiology at the IPH, participated in the 'Abu Dhabi Public Health Centre (ADPHC) - Institut Pasteur Infectious Disease Symposium' held in Cleveland Clinic Abu Dhabi on October 3-4, 2022. The symposium complements the strategic partnership between the Abu Dhabi Public Health Centre (ADPHC) and the French Pasteur Institute. Experts and researchers in infectious disease diagnosis, epidemiology, and prevention exchanged expertise and discussed several scientific research papers related to infectious diseases. Participants also discussed strategies for future collaboration in research and capacity building to prevent pandemics.



The 2022 ASPHER Deans' & Directors' Retreat

A delegation comprising Prof. Michal Grivna, Prof. Mohamud Sheek-Hussein, and Dr. Javid Nauman attended the Dean's & Director's Retreat of the Association of Schools of Public Health in the European Region (ASPHER) held in Sofia, Bulgaria, between 14 and 16 October 2022. The Institute of Public Health at the College of Medicine and Health Sciences (CMHS), UAE University, is an associate member of ASPHER.

The Retreat is the most important ASPHER membership event of the year. The high-level meeting of the heads of membership institutions plays a significant role in evaluating the ongoing activities and taking steps in planning and organizing the future direction of the ASPHER.



Participants of the ASPHER Deans' & Directors' Retreat

All delegation members from CMHS, UAE University, actively participated in various activities ranging from public health workforce professionalization, undergraduate and postgraduate programs and research capacities, specialist training and continuing professional development, and geopolitical health. Prof. Michal Grivna gave a talk titled "Integration of research project into public health clerkship for medical students: the experience from the United Arab Emirates." The last day of the Retreat was dedicated to an interactive round table workshop on defining core curricula to support public health professionals' attainment of core competencies. Members of the IPH delegation provided their insights from a middle-eastern perspective and actively participated in discussions related to the country or region-specific public health competencies.



Prof. Michal Grivna, Prof. Mohamud Sheek-Hussein, with Prof. John Middleton (President of ASPHER), Robert Otok (CEO of ASPHER), and Prof. Bettina Borish (President of the World Federation of Public Health Associations)

The first alumni summit held by the Harvard Medical School in Boston, USA



On October 13-16, Dr. Rami H. Al-Rifai (Associate Professor of Epidemiology at IPH) joined the first alumni summit held by Harvard Medical School in Boston, USA. The summit was very useful in networking with researchers and public health professionals from around the world. Several international keynote speakers addressed attendees with enthusiastic talks.



The Emirates Health Economics Society conference

On October 19, 2022, Dr. Mohamed El-Sadig and Dr. Iffat Elbarazi attended the Emirates Health Economics Society conference in Dubai. Dr. El-Sadig participated in a panel discussion that highlighted the importance of health economics practice and research in health care.



A visit from Birmingham University to IPH

Dr. Rasha Bayoumi (Assistant Professor in Psychology) and Dr. Anthony Murphy (Associate Professor in Psychology) from Birmingham University Dubai visited the IPH on October 20, 2022. The delegation met Dr. Iffat Elbarazi and Prof. Luai Ahmed from IPH and discussed future collaboration with the Mutaba'ah Mother and Child Health study.



MOU between Abu Dhabi Public Health Center (ADPHC) and UAEU

An MOU between ADPHC and UAEU was signed on October 24, 2022. The MOU will expand fruitful, long-term collaboration and benefit the UAE community's public health.



H.E. Matar Saeed Al Nuaimi, Director General of ADPHC, with Prof. Ghaleb Al Hadrami Al Breiki, Vice-Chancellor of UAE University, signing MOU.

EQ-5D-5L study

On October 24, 2022, Dr. Mohamed El-Sadig and Dr. Iffat Elbarazi attended the training of the data collectors for the EQ 5D 5L study. The training was conducted by Dr. Fatima AlSayyah at the Centre for Clinical Health Outcomes (CCHO) in Dubai Health Care City. Dr. Mohamed El-Sadig, Head of the Emirates Health Technology Assessment Center at IPH, is the Co-Principal Investigator of the study from the UAEU. Dr. Fatima AlSayyah (Principal Investigator, CCHO), Dr. Samer AlKharroubi, and Dr. Mirna Metni are the co-investigators from CCHO. Dr. Iffat Elbarazi is a co-investigator from the UAEU.



Seminar on Health Economic Evaluations and Health Outcome Measurements

On October 26, 2022, The Emirates Health Technology Assessment Unit (EHTA), a newly established research unit within the College of Medicine & Health Sciences of the UAE University aiming to support decision-making in the healthcare field in the UAE, hosted its first hybrid seminar, entitled 'An Introduction to Health Economic Evaluation and Health Outcomes Measurements: A Broader Meaning of Value in Healthcare' to inaugurate its research and educational activities. The seminar covered the theoretical and conceptual underpinnings of health economic evaluation, focusing on population-based utility measurements. Renowned health economists and experts presented it in EQ-5D-5L utility measurements from the University of Alberta (Canada), the Center for Clinical, Health Economics and Outcomes Research (CCHO), and the UAE University. The seminar introduced a new collaborative research project in the UAE on 'Health Outcome Measurements,' supported by the EuroQol Research Foundation, aiming to generate a population-based utility measure using the EQ-5D-5L instrument in the UAE.



Organizers of the seminar Dr. Mohamed El-Sadeg, Head of the Emirates Health Technology Assessment Unit at IPH, Dr. Iffat Elbarazi, Assistant Professor at IPH, Dr. Fatima AlSayyah, University of Alberta & CCHO, Dr. Mirna Matni, Health Policy & Payer Insights, CCHO with Dr. Rami Beiram, CMHS Assistant Dean for Research and Graduate Studies and Prof. Michal Grivna, Director of IPH.

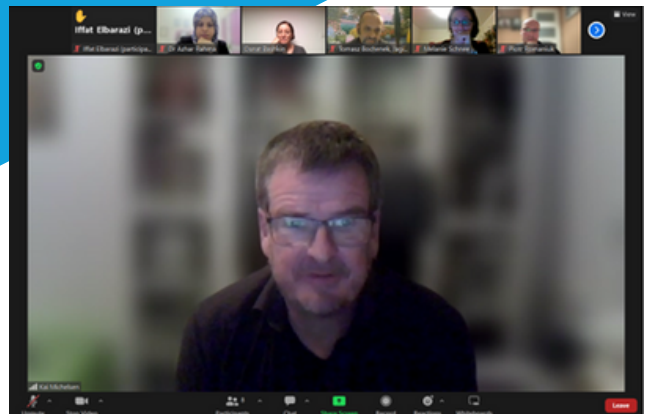


CCHO
ACCESS TO MEDICINE



Meeting of the ASPHER Taskforce on undergraduate public health education

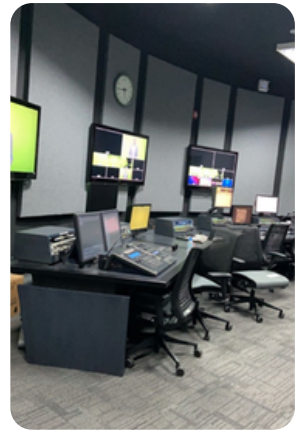
On October 31, 2022, Prof. Michal Grivna, Prof. Mohamoud Sheek-Hussein, Dr. Iffat Elbarazi, and Dr. Azhar Talal participated in the ASPHER meeting on undergraduate education in public health. The meeting was led by Prof. Kai Michelsen from Fulda University of Applied Sciences, Germany. Participants discussed the development of bachelor programs in public health.



Visit to the CETL studio on the main UAE University campus



Prof. Michal Grivna, Dr. Iffat Elbarazi, Dr. Susan Waller, Dr. Azhar Talal, and Ms. Bayan Majed visited the studio on the main campus on November 1, 2022. Mr. Sean and Mr. Jimmy from CETL hosted the visit and offered an orientation about recording lectures in the studio.



Workshop on employee's well-being and burnout at the 3rd Nursing and Midwifery Conference in Dubai



Dr. Iffat Elbarazi, Dr. Balázs Ádám, Ms. Roweida ElKhalil, Ms. Ibtissam Karkaz (PhD students at IPH) in collaboration with Ms. Noof Al Jeneibi, Director of the Emirates Centre for Happiness Research conducted a workshop on employees well-being and burnout during the 3rd Nursing and Midwifery Conference, which was organized by the Emirates Health Services on 2-3 November 2022 in Dubai.



The SEHA Tathqeefi webinar on Applying behavioral change in the healthcare practice

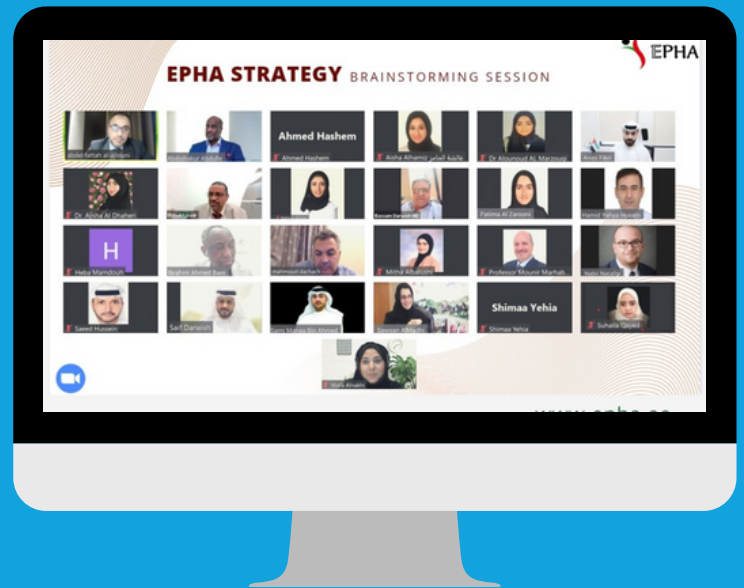


Dr. Iffat Elbarazi, Assistant Professor at IPH, was invited on November 8, 2022, by the SEHA Tathqeefi to deliver a CME-accredited webinar on - Applying behavior change in healthcare practice. The webinar series is organized by Ms. Souheila Ali Hasan, SEHA, IPH Adjunct Faculty. The webinar received excellent feedback from 202 attended employees.



The Emirates Public Health Association (EPHA)

Dr. Azhar Talal and Dr. Iffat Elbarazi attended an introductory brainstorming session by the Emirates Public Health Association on November 10, 2022. The participants discussed the strategy, vision, and mission of the EPHA.



The First UAE Scientific Conference on Health and Medical Research, Dubai, 2022

The IPH participated in the First UAE Scientific Conference on Health and Medical Research, organized by The Ministry of Health and Prevention (MoHAP). The conference was hosted in Dubai on 5-6 December 2022. Prof. Michal Grivna was the chair of the session titled Environmental Health: Disease and Prevention, and Prof. Mohamud Sheek-Hussein was the chair of the session about "Risk Stratification and Prevalence of Infectious Diseases." Prof. Luai Ahmed presented on "The Mutaba'ah Study: A cohort profile of the largest mother and child cohort study in the UAE," and Dr. Rami Al-Rifai presented on "Post-vaccination induced-immune response to anti-SARS-CoV-2IgG antibodies: a retrospective cohort study". Dr. Farida Al-Hosani (IPH Adjunct) was the keynote speaker. Her presentation covered "Scientific Research During Covid -19 Pandemic". The following IPH Faculty and staff had their posters accepted at the conference: Prof. Syed Shah, Dr. Balázs Ádám, Dr. Rami H. Al-Rifai, Dr. Emad Masuadi, Dr. Iffat El Barazi, Dr. Azhar Talal, Dr. Zufshan Alam, and Mr. Aminu S. Abdullahi.



MOHAP Taskforce on the prevention and management of adulthood obesity.

On December 5, 2022, Dr. Iffat Elbarazi attended the meeting MOHAP Taskforce on the prevention and management of adulthood obesity in Dubai. The Taskforce will develop the National Guidelines for the Prevention and Management of adulthood obesity, and Dr. Iffat will cover the behavioral aspects of the prevention and management of obesity.

Sample Size Calculation Workshop

Dr. Emad Masuadi (Assistant Professor of Biostatistics at IPH) conducted a workshop about Sample Size Calculation in collaboration with the Department of Medical Education on Wednesday, December 7, 2022, at Yanah Theatre, CMHS. The workshop's scope had been to explain the importance of sample size calculation in research, identify the factors that determine the sample size, and calculate the sample size using software/website. The workshop was a success, with participation from Faculty and students from the UAEU and physicians from Tawam Hospital.



Award Ceremony - Publications in the Top 1% and 5% of Journals



Prof. Zaki Nusseibeh, the Chancellor of the UAE University, in a ceremony on December 12, 2022, awarded UAE University Faculty, including Dr. Javaid Nauman from IPH, for research productivity and contributions in the Top 1% and 5% journals. This is a testament to the hard work, dedication, and high-quality research conducted and produced at our college.

The First Retreat of IPH

IPH had its first Retreat on December 15, 2022, at Ayla Hotel in Al-Ain. It was a productive day with brainstorming sessions about education, research, partnership, and the work environment.



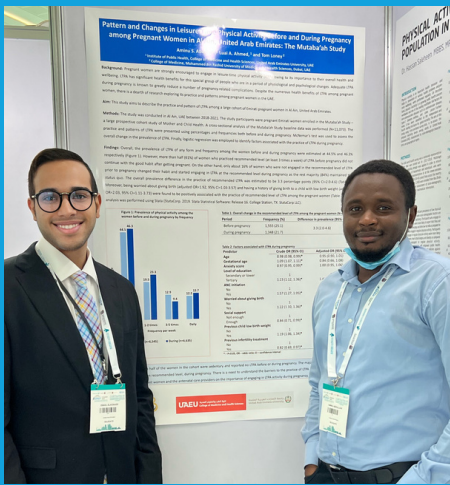
WHO World Report on the Health of Refugees and Migrants 2022

WHO acknowledged the contribution of the IPH (Prof. Michal Grivna, Prof. Syed Shah, and Dr. Iffat Elbarazi) in the current World Report on the Health of Refugees and Migrants.

Link to the report: [click here](#)



The best early career poster presentation award nomination



The poster of Mr. Aminu Abdullahi (IPH Medical Research Specialist) and the team from IPH (Prof. Luai Ahmed) and MBRU (Dr. Tom Loney), titled "Pattern and changes in leisure-time physical activity before and during pregnancy among pregnant women in Al Ain, United Arab Emirates: The Mutaba'ah Study" was nominated for the best early career poster presentation award during the ISPAH 2022 Conference in Abu Dhabi, October 23-26, 2022.

Recognition of the IPH faculty members by the Department of Health Abu Dhabi (DOH)

The Abu Dhabi Research Committee of COVID-19 Forum was organized on October 31, 2022, at the DOH Head Office. DOH was represented by Dr. Farida Al Hosani (Chair of the Infectious Disease Control Department and Chair of the Abu Dhabi Research Committee on COVID-19) and Dr. Asma Al Mannaei (Chair of the Abu Dhabi Committee for Medical Research and Technology) for their research during the COVID-19 Pandemic. DOH recognized many IPH faculty members for active contributions in the fight against the pandemic - Dr. Rami Al-Rifai was recognized for leading the Epidemiology sub-committee; Prof. Michal Grivna, Prof. Mohamud Sheek-Hussein, Dr. Iffat Elbarazi and Dr. Javaid Nauman for working in sub-committees.



Collaborations with national partners

The Institute of Public Health has expanded its collaborations with national partners: Al Ain Mall, Family Development Foundation, and Operations and Emergency Section, UAEU. Such partnerships aim to support research, health promotion activities, and other logistics.



Clerkship Book of Abstracts – 2016-2021




IPH published the Clerkship Book of Abstracts – 2016-2021. It has an official book registration number (ISBN 978-9948-8848-0-4) and contains 109 abstracts. This is a rich source of information on undergraduate students' research at CMHS. Many of those protocols led to real research studies and published articles.

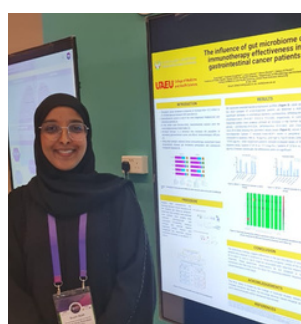
To request your soft or hard copy, please email Mrs. Shamsa AL Shamsi at: shamsaalshamsi@uaeu.ac.ae

5th Combined Gulf Cancer Conference (CGCC)

Dr. Iffat Elbarazi participated as an invited speaker to the 5th Combined Gulf Cancer Conference on November 21-23, 2022. It was held under the patronage of His Highness Sheikh Sultan AlQasimi at AL Jawaher reception in Sharjah City. Dr. Iffat presented "*The use of social media in cancer health promotion.*" She was also interviewed by Sharjah Television and by the Sharjah Radio English section about her presentation. You may access the interview on:

 YouTube: [Click here](#)

 Spotify: [Click here](#) 



At the same conference in the Youth in Action program, Ms. Simy Mathew (PhD candidate at the IPH) presented a poster on the dentist's role in smoking cessation counseling and the importance of including that in the dental curriculum. Ms. Suad Ajab (PhD candidate at IPH) presented a poster on the gut microbiome's influence on immunotherapy effectiveness in gastrointestinal cancer patients in the same section.

IPH Faculty and Staff Profiles



Lunch for promoted Faculty

UAEU Chancellor H.E. Zaki Anwar Nusseibeh hosted a lunch for the faculty members who received an academic promotion, including Prof. Luai Ahmed and Prof. Mohamud Sheek-Hussein from the IPH, on September 20, 2022.

Dr. Zufishan Alam defended her PhD


Dr. Zufishan Alam, IPH Medical Research Specialist, defended her PhD on "Health perspectives of South Asian immigrant women regarding cervical screening in Australia" at the University of Queensland, Australia.



Congratulations! We are very proud of you!

IPH Faculty enlisted in the Stanford University world's top-cited scientists 2%

IPH is delighted to announce that Prof. Fatma Al-Maskari, Dr. Rami H. Al-Rifai, Dr. Javaid Nauman, and Dr. Iffat Elbarazi from IPH were listed as the top 2% cited scientists worldwide in 2021 by Stanford University. Congratulations to all; we are very proud of you!

[in Click here!](#) 



Top 2% of World
Researchers at CMHS



Prof. Fatima Al-Maskari



Dr. Rami H. Al-Rifai



Dr. Javaid Nauman



Dr. Iffat Elbarazi

INTERVIEW

Interview with Prof. Glenn Laverack, Adjunct Professor at IPH

Interview conducted by Bayan Abu Hamada



Bayan: Can you introduce yourself?

I am a social scientist and an academic leader in health promotion and community empowerment with an international career of over 35 years in over 50 countries. I have formerly worked as a Senior Research Fellow at Flinders University, Australia, and as the Director of Health Promotion at Auckland University, New Zealand. I have had the honor of being appointed as a visiting professor in 6 universities, including in Italy, Denmark, and the United Kingdom. I have also worked as a public health practitioner in Africa and Asia and as an adviser in Europe, the Pacific, and South America. I worked as the coordinator (empowerment) in tropical diseases research and as a technical officer for health promotion at the World Health Organisation in Geneva. I am presently a member of the WHO, a technical advisory group for the social and behavioral sciences, an expert group that meets to advise on international policy. I have worked with a broad range of international public health agencies, the UN, non-government, and with individual governments. I have a wide range of publications and peer-reviewed papers, including 25 books in 12 different languages, including in Arabic, the first co-authored publication on health promotion and empowerment. I have a special interest in community-based, mixed-methods research approaches in low-middle-income countries and the advancement of the social sciences in public health.

Bayan: What attracted you to the UAE generally and to the public health specifically?

The United Arab Emirates offers a fascinating cultural context. It presents distinct and complex challenges, such as childhood obesity which can only be addressed through a public health approach using qualitative and quantitative methods. My expertise is in the social sciences, and it is an honor to be part of an excellent group of researchers at the Institute of Public Health. I have worked with the Eastern Mediterranean Regional Office of the World Health Organisation in Cairo to develop guidelines for community engagement in public health. This and other international experiences will, I hope, offer a different perspective to help develop innovative research projects and teaching courses at the UAE University.

Bayan: What are some of the challenges that an adjunct faculty member faces?

An adjunct faculty position is not full-time and involves spending only a few weeks each year at the university, as well as time collaborating and teaching online. The main challenge, therefore, is to stay connected to the other researchers in the Faculty to maintain good relations and to share ideas for new projects. Adjunct professors must be diligent and make a special effort to stay informed and heard with the help of their faculty colleagues.

Bayan: What is the most valuable piece of feedback you received from a student?

I very much enjoy teaching and the interaction I have with students at the UAEU. Their feedback is always insightful and valuable, and the positive comments that I have received from a number of students in regard to my classes are a constant source of inspiration. I especially value comments that refer to how the course content can be applied in practice and experiences from the UAE that I can include for teaching in future classes.

Bayan: Describe the lessons/course you have given.

At the UAEU, I teach on an excellent course to build PhD students' leadership and to cultivate their participatory planning efforts and program evaluation strategies. The course is titled "Health Promotion Programs - Strategies for Development and Evaluation". The course provides students with advanced theoretical knowledge and practical skills needed for the effective design and assessment of community health promotion programs by building their advocacy, networking, and policy analysis skills. Students are engaged in developing and/or implementing, and/or evaluating a community health promotion program based on the best professional practices and social/behavioral theories and models. Students can choose topics that will promote wellness for the community, such as the prevention of chronic diseases, infectious diseases, injuries, sexual health, and mental health. I help them better understand the role of social mobilization, community engagement, and empowerment.

I also teach on the MPH course on Global Health regarding "Key Lessons Learnt about Social Mobilization in Recent Infectious Disease Outbreaks" based on my own experiences of working in various disease outbreaks, including the Ebola Virus Disease and COVID-19. As well as, Qualitative Research Methods for PhD program.

Bayan: Could you provide us with practical lessons and strategies that have worked with you in public health in a priority setting?

A key lesson that I have learned whilst working in different countries in public health is that practitioners and researchers must be prepared to listen to what people need. We may not necessarily like what we hear because it may conflict with our priorities, but we must be committed to moving forward and building upon people's needs. Active inclusion and co-creation are fundamental to the success of any public health program. Capacity building and empowerment are two key strategies to give people a voice to express their needs and to have an active role in helping ensure that we succeed in promoting health and well-being. Priority setting must always be both top-down and bottom-up.

The First UAE Scientific Conference on Health and Medical Research, Dubai, 2022

The Ministry of Health and Prevention (MoHAP) hosted the First UAE Scientific Conference on Health and Medical Research to create a scientific platform that helps develop research and innovation and boosts investment in the medical field, in line with the "We the UAE 2031" vision and the UAE Centennial 2071. The conference was hosted in Dubai on 5-6 December 2022, and our IPH PhD students presented their work.



Ms. Mitha Al Balushi gave a 10 min presentation on "Drift in depression prevalence disorder in Gulf Cooperation Council (GCC) Countries over 30 years."

Ms. Asma AlNababteh presented "The prevalence of the celiac disease among children in the United Arab Emirates; a single center study."



Ms. Simy Mathew presented "Self-medication of antibiotic and analgesics by parents for dental problems of children."



Ms. Maram Abbas presented "Evaluation of knowledge, screening practice, and potential risk prevalence of breast cancer among women in UAE."





Dr. Noor Abdo presented two abstracts on "Characterization of fertility clinics attendees in the Abu Dhabi Emirates, United Arab Emirates: a cross-sectional study" and "Seroprevalence of Herpes Simplex Virus type 2 IgG antibodies and its associated factors in fertility-treatment-seeking-population: a cross-sectional survey in the Abu Dhabi Emirates."

Dr. Maryam Bashir presented "Incidence of gestational diabetes mellitus in the United Arab Emirates; comparison of six diagnostic criteria: The Mutaba'ah Study."



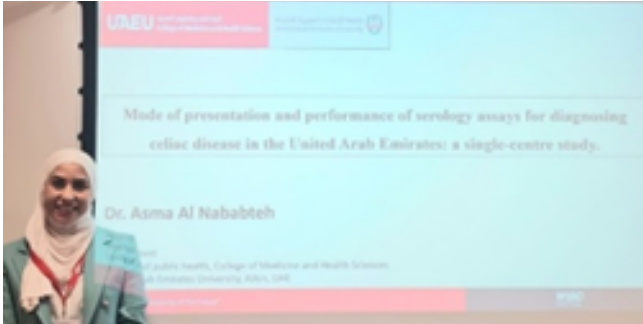
Ms. Suad Ajab presented "Associated risk of blastocystis infection in colorectal cancer"

The 5th Combined Gulf Cancer Conference (CGCC)



Ms. Simy Mathew presented a paper titled "The need for tobacco cessation in the dental school curriculum in the UAE: the students' perspective" at the 5th Combined Gulf Cancer Conference (CGCC) held in Sharjah on 21-23 November 2022.

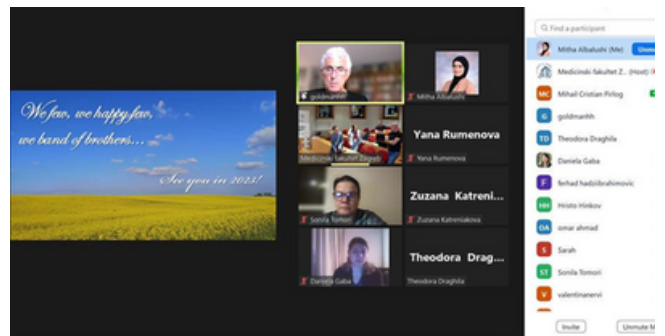
Nutrition Futures Conference, UK, 2022



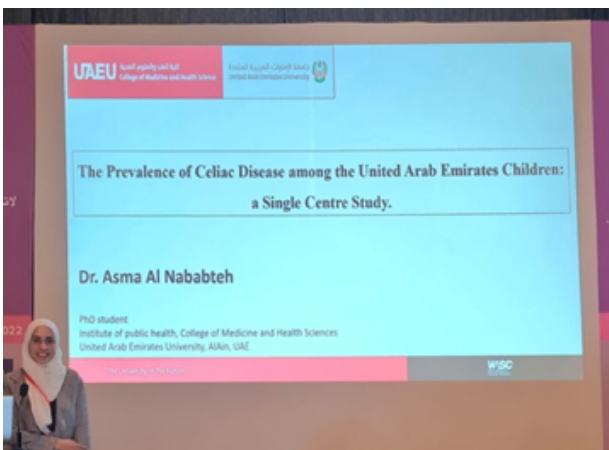
Ms. Asma AlNababteh presented on "Mode of presentation and performance of serology assays for diagnosing celiac disease in the United Arab Emirates; a single-center study" at the Nutrition Futures conference organized by the British Nutrition Society, Coventry, UK, on 5-6 September 2022.

"In and Out of Your Mind" Conference, Croatia, 2022

Ms. Mitha Al Balushi presented two papers on "The association between BMI and self-reported eight-items Patient Health Questionnaire (PHQ-8) in the UAE Healthy Future Pilot Study" at the 6th Eastern European Conference of Mental Health "In and Out of Your Mind" & 3rd International Public Mental Health Conference in Zagreb, Croatia, on 13-15 October 2022.



22nd Congress of the Union of Arab Pediatric Society, Jordan



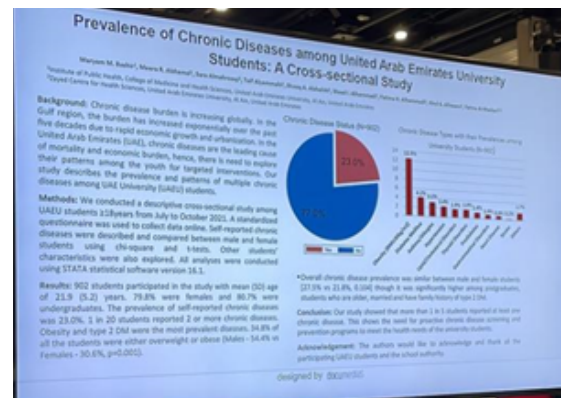
Ms. Asma AlNababteh presented "The prevalence of the celiac disease among children in the United Arab Emirates; a single center study" at the 22nd Congress of the Union of Arab Pediatric Society (UAPS) in Amman, Jordan, on 26-29 October 2022.

9th International Congress of the World Society of Emergency Surgery (WSES Congress, Australia, 2022

Mr. Yasin Yasin presented "Reduction of motorcycle-related deaths over 15 years in a developing country" at the 9th International Congress of the World Society of Emergency Surgery (WSES) on 27-30 October 2022 in Perth, Western Australia.

European Public Health Conference (EUPHA) Conference, Berlin, 2022

Ms. Mitha Al Balushi gave a 15mins presentation on her work titled "The association between depression and body fat percentage among adults in UAE" and had a poster presentation at the 15th European Public Health Conference (EUPHA), Berlin, Germany on November 12, 2022. Dr. Maryam Bashir had a poster walk presentation titled "Prevalence of chronic diseases among United Arab Emirates University students: A cross-sectional study" at the EUPHA conference.



The International Diabetes Federation (IDF) Conference, Lisbon, 2022

Dr. Maryam Bashir presented an e-poster on "Impact of the COVID-19 RCOG criteria on GDM incidence in the United Arab Emirates: A retrospective study" at the International Diabetes Federation (IDF) World Diabetes Congress in Lisbon, Portugal, on 5-8 December 2022.

The screenshot shows the IDF 2022 Lisbon E-Posters interface. The top right corner displays the time as 06:03 WET. The main content area is titled "E-Posters" and includes a search bar with "Back to search" and a button for "LI2022-1168". The poster title is "Impact of the COVID-19 RCOG Criteria on GDM Incidence in the United Arab Emirates: A Retrospective Study". The authors listed are BASHIR¹, Ahmed¹, Al-Rifai¹, Alkaabi², Al-Maskari¹. The affiliations are: ¹United Arab Emirates University, Institute of Public Health, Al Ain, United Arab Emirates; and ²United Arab Emirates University, Department of Internal Medicine, Al Ain, United Arab Emirates. At the bottom, there are three buttons: "Email the presenting author", "Open the abstract", and "Download pdf".

Training Program by Ms. Rowaida El Khalil

Ms. Rowaida El Khalil participated as a speaker in training organized by the school health department in SEHA on "Youths Mental health Literacy" for over 300 healthcare professionals. It was conducted on December 11, 2022.



PhD Defense of Dr. Noor Motea Abdo



Dr. Noor Abdo successfully defended her PhD dissertation on November 3, 2022. Her thesis is titled "Infertility Characterization, Factors Associated with Primary Infertility, and Seroprevalence of Genital Infections: A Cross-sectional Survey in Abu Dhabi, United Arab Emirates." Congratulations to Dr. Noor, her supervisor Dr. Rami H. Al-Rifai, and her Teaching Advisory Committee!

PhD Defense of Dr. Maryam Mohammed Bashir

Dr. Maryam Bashir successfully defended her PhD dissertation on November 14, 2022. Her thesis is titled "Gestational Diabetes Mellitus Screening, Diagnosis, and Knowledge in the United Arab Emirates." Congratulations to Dr. Maryam, her supervisor Prof. Fatma Al-Maskari, and her Teaching Advisory Committee!



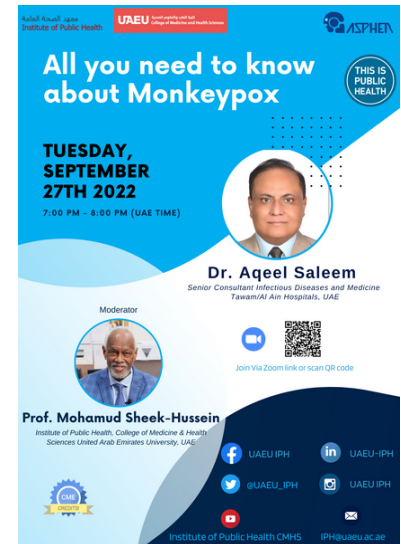
IPH Webinars

Public health scientific webinars

All you need to know about Monkeypox

The IPH hosted a Public Health webinar on the topic "All you need to know about Monkeypox" on Tuesday, September 27, 2022. The webinar was delivered by Dr. Aqeel Saleem, senior infectious disease consultant at SEHA, UAE. The moderator of the webinar was Prof. Mohamad Sheek-Hussein.

To watch the webinar recording, kindly [click here](#)



Introduction to social determinants

The IPH held a Public Health webinar on the topic "Introduction to Social Determinants" on November 22, 2022. The webinar was delivered by Dr. Lorraine Dean, Associate Professor in Epidemiology at Johns Hopkins Bloomberg School of Public Health. The moderator of the webinar was Prof. Mohamad Abid.

To watch the webinar recording, kindly [click here](#)



Public health aspects of smoking

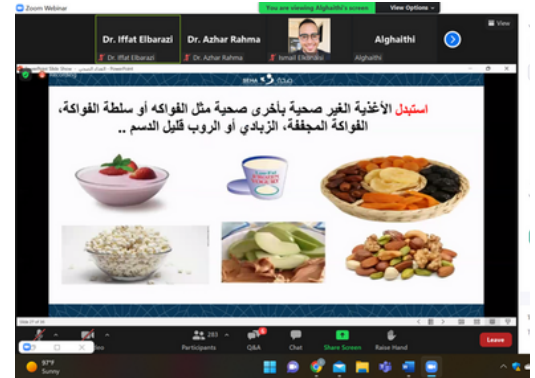
Last but not least webinar of 2022 was about the "Public health aspects of smoking". It was held on Tuesday, December 13, 2022. The webinar was delivered by Dr. Salma E. El Amin, Tampere University, Finland, and moderated by Dr. Rami Al-Rifai.


To watch the webinar recording, kindly [click here](#)



How to prepare a healthy school lunch box

IPH conducted its first Health Promotion webinar of the Academic Year 2022-2023 in Arabic, which was organized for this session in collaboration with Ambulatory Healthcare Services and SEHA School Health. The webinar was titled "How to prepare a healthy school lunch box," and the speaker was Ms. Fakhra Al Ghaitihi, Senior Nutritionist and moderator by Dr. Iffat ElBarazi. The webinar was held on September 13, 2022. Around 300 people attended the session, and we had great feedback from the audience.




To watch the webinar recording, kindly [click here](#), 




Ask your psychiatrist about stress management

The IPH conducted a health promotion webinar on October 10, 2022, on mental health awareness under the title "Ask your Psychiatrist about Stress Management" delivered by Dr. Fatima Almansoori, Director of the Hallak lehammad Clinic, who interacted with the audience through an excellent Q&A session. Ms. Roweida El Khalil (PhD student) moderated the session, and Ms. Shamsa Al-Shamsi moderated the Q&A. The webinar was organized during mental awareness day.

To watch the webinar recording, kindly [click here](#), 

Safe medication use

The IPH conducted a health promotion webinar on Safe Medication Use. The webinar was delivered on the occasion of Antibiotics awareness week on November 15, 2022, by Dr. Fehmida Rasooli, Pharmacist from Tawam Hospital, SEHA. She provided a great interactive session on the proper use of medicines and proper storage. The webinar was moderated by Dr. Maram Abbas (PhD student at the IPH under the supervision of Prof. Fatma Al-Maskari).

To watch the webinar recording, kindly [click here](#), 



IPH Webinars

Eye Health

The IPH conducted a webinar on protecting eye health delivered by Dr. Mariam El-Merri, an ophthalmologist at Tawam hospital, SEHA. The webinar was moderated by Ms. Souha Al-Abboud (PhD student at IPH under the supervision of Prof. Luai Ahmed). The webinar was held on December 8, 2022.

To watch the webinar recording, kindly [click here](#)



A thank you note from Dr. Iffat Elbarazi to those who made the Health Promotion webinars successful.

Thank you to all our speakers and moderators for their participation in the IPH health promotion webinars directed to the public. The IPH conducts the webinars as part of our activities under the "This is Public Health" campaign organized by the Association of Schools of Public Health in the European region (ASPHER) and the medical students' initiatives at CMHS "My health is a Decision". Thank you to all of those that made it possible.

Thank you to Mr. Ismail Elkonaisi (Graduate Studies Administrator at the IPH), Ms. Bayan Abou Hamada (Research Assistant), Ms. Shamsa Al Shamsi (IPH Senior Administrator), Dr. Azhar Talal (Instructor, the Editor of the IPH newsletter and coordinator of Scientific Public Health webinars).



G7 Second technical meeting on the PH Emergency Workforce for Predictable Rapid Response as part of the Pact for Pandemic Readiness

The G7 Second technical meeting was held in Berlin from 14-15 October, 2022. Following up on the commitments of the G7 Health Ministers' Communiqué, the German G7 Presidency organized the meeting alongside the first meeting on Collaborative Surveillance in order to compile a general roadmap for G7 coordinated action under the G7 Pact for Pandemic Readiness. The objective of this second technical meeting was to create a common understanding of the major actors in the field of predictable and rapid response as well as the Public Health Emergency Workforce. It aimed to identify current gaps in the landscape and together with key stakeholders, define concrete action items to implement the G7 Pact for Pandemic Readiness. Following the concept note of the Pact for Pandemic Readiness, the meeting discussed how to support well-trained Readiness groups and outbreak investigation missions. The aim is to develop actions on how to better support national, regional and international outbreak response structures, which can be part of the roadmap. These actions should also be considered in the context of support of at least 100 LMICs to implement IHR core capacities.

UK Faculty of Public Health Report: Variability in public health ethics education across Europe

The professional discipline of public health is driven by its values. Public health is not just a technical discipline concerned with statistics or facts. Our norms, values, beliefs and the way we see the world, as individuals, communities and institutions which serve us, do matter and fundamentally affect our decisions, behaviours, policies, and practice. The ability to be aware and reflect on norms and values when taking decisions, is a decisive professional virtue in public health practice. Public health professionals face decisions that have far-reaching ethical implications. Despite this, the field of public health ethics is relatively new, and teaching and training in ethics for public health professionals is highly variable in quantity and content. Building on a prior body of research, surveys of ASPHER and EUPHA members were undertaken to explore current levels of ethics education. Key messages from these surveys are that 1) ethics is an optional extra for some Schools of Public Health, 2) there is an ethics training gap in continuing professional development, 3) public health ethics education is a poorly defined field, 4) there is a lack of ethics expertise and support, but 5) public health professionals perceive they have a good understanding of, and response to ethical dilemmas in their professional lives.



WORLD CONGRESS ON PUBLIC HEALTH - ROME 2023

ASPHER is proud to partner with the World Federation of Public Health Associations (WFPHA) and the Italian Society of Hygiene, Preventive Medicine and Public Health (SIIt) for the **17th World Congress on Public Health** to be held in Rome, Italy from 2-6 May 2023. Over 3,000 public health professionals and researchers, policymakers, and students will convene for the momentous event. This World Congress on Public Health will be an opportunity to foster collaboration and co-creation of a vision informed by our professional knowledge and that of the communities we serve. Empowering communities and becoming more responsive to them will lie at the heart of any attempt to move forward, to safeguard and nurture a world in need of healing and protection.



Watch the WCPH promotional invitation video: [click here](#)

Register for the 2023 WCPH: [click here](#)

Working toward a transdisciplinary approach to teaching and learning planetary health – A collective reflection

In order to educate the next generation of leaders to work at reverting the damaging effects of the Anthropocene, there is an increasing need to incorporate more environmental-related aspects in all teaching programs, including the health-related. Planetary health is a complex field which can benefit from a transdisciplinary pedagogical approach. The aim of this research was to evaluate an approach working toward transdisciplinarity applied to a course of Planetary Health taught at the Bachelor degree Global Responsibility & Leadership of the University of Groningen through substantive feedback and reflections from the students.

Read the full article by ASPHER colleagues at Groningen and ASPHER Fellow Rana Orhan. [click here](#)

Dambre C, Strack Diaz JG, Orhan R, Montag D, van der Zande I, Gallo V. Working toward a transdisciplinary approach to teaching and learning planetary health–A collective reflection. *Front. Public Health*, December 5 2022. Sec. Public Health Education and Promotion.

DOI: <https://doi.org/10.3389/fpubh.2022.1039736>

The role of public health in the prevention of violence: a statement from the United Kingdom Faculty of Public Health



'Health promotion is peace promotion' – the activity of improving population health inherently strives to reduce inequalities, to achieve fairness, and tackle environmental, economic and social causes of ill health. Violence is a major public health problem. We believe it has been given insufficient attention and priority in the arena of public health policy, partnerships and interventions. A public health approach to violence prevention involves, measuring health needs arising from violence, determining causes and solutions to problems, advocating effective interventions and mobilizing partnerships to improve health and prevent or control the harmful effects of violence. These functions, in respect to violence prevention, mitigation and control, apply to all levels of violence – in domestic and local situations, with conflicts between communities, within countries and international violence. This paper sets out the roles of public health practitioners and the role of the public health system in preventing, mitigating and responding to violence.

Read the statement of the UK Faculty of Public Health: [click here](#)

Article: Professionalism of the public health workforce – how to make it happen?

We need a skilled, expert, recognized and regulated public health profession to protect and improve the health of people and the planet. The pandemic has highlighted the need for a strong and multidisciplinary public health workforce (PHW), whose defined professional code is to save lives, protect and improve health. The public and politicians need to have confidence in the expertise of public health leaders, and they need to be able to put their trust in a group of people with a public health skill set. The recently launched **WHO-ASPHER Road Map to Professionalizing the Public Health Workforce in the European Region** sets the direction for international and national public health system-wide action. It proposes actions to advance regulation, structures and solutions for a strong and resilient PHW and to place public health at the forefront of European health policy governance. The World Health Organization (WHO) has followed this up with a high stakeholder document with a global outlook: **Building the public health and emergency workforce: A roadmap**. The authors of this important document emphasize that the 'essential role and impact of the workforce involved in delivering public health functions has been overlooked.' Further they recognize that there are many disparities in and across countries and regions concerning PHW policies, capacities, planning or monitoring. It makes it difficult to assess the existing PHW capacities, support and recognize them so that they can deliver essential public health functions to assure health security and improved health and wellbeing. The two 'road maps' are pointing in the same direction. They highlight an urgent need to strengthen and recognize the PHW. Is professionalization a necessary step forward? Current policy discourse still focuses on numerous barriers and challenges including the definitions, interdisciplinarity and intersectorality of the PHW, which paradoxically can be viewed as its strength on the road to professionalism.

Czabanowska K, Middleton J. Professionalism of the public health workforce – how to make it happen?, *Journal of Public Health*, Volume 44, Issue Supplement 1, November 2022, Pages i54–i59. DOI: <https://doi.org/10.1093/pubmed/fdac091>

Special publication celebrating 50 years of the Faculty of Public Health: Public health professionals delivering better health for all



For the past 50 years, the Faculty has worked in accordance with the core ASPHER charitable objects — to promote for the public benefit the advancement of knowledge in the field of public health; to develop public health with a view to maintaining the highest possible standards of professional competence and practice; and to act as an authoritative body for the purposes of consultation and advocacy in matters of educational or public interest concerning public health. This special edition of the *Journal of Public Health* — a journal which first entered publication over 100 years ago as the *Journal of State Medicine* — brings together a collection of papers reflecting these objects and examining the journey that the Faculty, and the public health profession, has been on over the past 50 years.

In addition to many other distinguished colleagues, ASPHER past Presidents Kasia Czabanowska and John Middleton contribute a piece entitled **Professionalism of the public health workforce – how to make it happen?**

The ECDC Competency Framework and Self-Assessment Toolkit for Applied Infectious Disease Epidemiology

In 2008 the European Centre for Disease Prevention and Control (ECDC) published core competencies for 'Public Health Epidemiologists working in Communicable Disease Surveillance and Response'. There followed 'Core Competencies for Infection Control and Hospital Hygiene Professionals' (2013); 'Core Competencies for Vaccine-preventable diseases and Immunisation' (2017); and 'Core Competencies on Public Health Preparedness' (2017). The COVID-19 pandemic was the catalyst for updating ECDC core competencies in applied infectious disease epidemiology (UCCAIDE) to capture important developments in diagnostic methods, transmission dynamics, genomic analysis, disease modelling and vaccinology.

A steering group comprising ASPHER (Association of Schools of Public Health in the European Region) Executive Board and COVID-19 Task Force members, ECDC Technical Advisory Group (TAG) and selected experts undertook the updating processes. Agreed updated competencies were published in April 2022 and translated into all European languages. [Click here for more information](#).

The framework consists of 157 competencies organised in 23 domains, mapped to 6 subject areas (A-F) as follows: A: Essential methods for applied infectious disease epidemiology (4 domains /28 competencies); B: Preparedness, surveillance and response to infectious disease outbreaks (3 domains /29 competencies); C: Communication and advocacy (4 domains /25 competencies); D: Practice of infectious disease epidemiology (5 domains /34 competencies); E: Contextual influences on infectious disease management (4 domains /21 competencies); and F: Leadership and management (3 domains /20 competencies).

To facilitate use of the competency framework, a Self-assessment tool (S-AT) developed by ECDC permits individuals to analyze their proficiency level in each domain and to access training resources if desired. At the Winter Scientific Meeting of the Faculty of Public Health Medicine in Ireland, the Project Scientific Lead, Mary Codd, presented preliminary results of a pilot project of its application in an MPH class which highlighted the strengths and limitations of the tool, and proposed an adaptation to allow capture of proficiency levels of respondents anonymously. It would also facilitate assessment of proficiency before and after delivery of educational programs. Completion of the S-AT at key points in public health education programs can identify areas in which programs perform well and areas for which curricular content could be enhanced. It is hoped that more detailed findings will be accepted for presentation at the World Congress of Public Health (WCPH) in Rome in May 2023.



Grants

Congratulations to Dr. Iffat Elbarazi (IPH), Prof. Luai Ahmed (IPH), Prof. Michal Grivna (IPH), Dr. Zufishan Alam (IPH), Ms. Bayan Abu Hamada (IPH), Ms. Noof AlJeneibi, Ms. Rahemeen Yusuf (The Emirates Centre for Happiness Research), winning a grant from the Early Childhood Authority -Abu Dhabi. The research project, titled "**Development of an Instrument to assess Fathers' Roles and their Influence on their Children Development and Well-being: A Mixed method study,**" will be conducted within Mutaba'ah (Mother and Child Health Study).

Publications (September - December 2022)

*publication with students as co-authors

**publication with international collaborators

***publication with students as co-authors and with international collaborators

1- Nowshad G, Jahan N, Shah NZ, Ali N, Ali T, Alam S, Khan A, Mahmood MA, Saba M, Arnone D, Shah SM. **Intimate-partner violence and its association with symptoms of depression, perceived health, and quality of life in the Himalayan Mountain Villages of Gilgit Baltistan.** PLoS One. 2022 Sep 21;17(9):e0268735.***

<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0268735>

2- Hammad H, Elbarazi I, Bendak M, Obaideen K, Amanatullah A, Khan BS, Ismail L, Kieu A. **Influence of religiosity on youths' attitudes towards people with disabilities in the United Arab Emirates.** J Relig Health. 2022 Sep.** <https://link.springer.com/article/10.1007/s10943-022-01646-x>

3- Al-Mahayri ZN, Khasawneh LQ, Alqasrawi MN, Altoum SM, Jamil G, Badawi S, Hamza D, George L, AlZaabi A, Ouda H, Al-Maskari F, AlKaabi J, Patrinos GP, Ali BR. **Pharmacogenomics implementation in cardiovascular disease in a highly diverse population: initial findings and lessons learned from a pilot study in United Arab Emirates.** Hum Genomics. 2022 September 25;16(1):42. <https://humgenomics.biomedcentral.com/articles/10.1186/s40246-022-00417-9>

4- Abdalla MA, Shah N, Deshmukh H, Sahebkar A, Östlundh L, Al-Rifai RH, Atkin SL, Sathyapalan T. **Impact of metformin on the clinical and metabolic parameters of women with polycystic ovary syndrome: a systematic review and meta-analysis of randomised controlled trials.** Therapeutic Advances in Endocrinology and Metabolism. 2022 October;13:20420188221127142.**

https://journals.sagepub.com/doi/10.1177/20420188221127142?url_ver=Z39.88-2003&rfr_id=ori:rid:crossref.org&rfr_dat=cr_pub%20%20pubmed

5- Al Balushi M, Al Balushi S, Javid S, Leinberger-Jabari A, Al-Maskari F, Al-Houqani M, Al Dhaheri A, Al Nuaimi A, Al Junaibi A, Oumeziane N, Kazim M, Al Hamiz A, Haji M, Al Hosani A, Abdel Wareth L, AlMahmeed W, Alsafar H, AlAnouti F, Al Zaabi E, K Inman C, Shahawy OE, Weitzman M, Schmidt AM, Sherman S, Abdulle A, Ahmad A, Ali R. **Association between depression, happiness, and sleep duration: data from the UAE healthy future pilot study.** BMC Psychol. 2022 October 21;10(1):235. <https://bmcpyschology.biomedcentral.com/articles/10.1186/s40359-022-00940-3>

6- AlDhaheri AI. **An Overview of the Impact of Health Promotion on Changing Individuals and Community Behavior.** Ann Sports Med Res 2022 Oct 31, 9(2): 1192

7- Mezhal F, Ahmad A, Abdulle A, Leinberger-Jabari A, Oulhaj A, AlJunaibi A, Alnaeemi A, Al Dhaheri AS, AlZaabi E, Al-Maskari F, AlAnouti F, Alsafar H, Alkaabi J, Wareth LA, Aljaber M, Kazim M, Alblooshi M, Al-Houqani M, Hag Ali M, Oumeziane N, El-Shahawy O, Al-Rifai RH, Sherman S, Shah SM, Loney T, Almahmeed W, Idaghdour Y, Ahmed LA, Ali R. **Metabolic Syndrome in Fasting and Non-Fasting Participants: The UAE Healthy Future Study.** Int J Environ Res Public Health. 2022 October 22;19(21):13757 <https://www.mdpi.com/1660-4601/19/21/13757>

8- AlAnouti F, Ahmad AS, Wareth LA, Dhaheri AA, Oulhaj A, Junaibi AA, Naeemi AA, Hamiz AA, Hosani AA, Zaabi EA, Mezhal F, Maskari FA, Alsafar H, Yaaqoub J, Bastaki MA, Houqani MA, Oumeziane N, Juber NF, Sherman S, Shah SM, Alsharid T, Zaabi TA, Loney T, Mahmeed WA, Abdulle A, Ali R. **Associations between serum 25-hydroxyvitamin D, body mass index and body fat composition among Emirati population: Results from the UAE healthy future study.** *Front Endocrinol (Lausanne)*. 2022 October 10;13:954300. doi: 10.3389/fendo.2022.954300. <https://www.frontiersin.org/articles/10.3389/fendo.2022.954300/full>

9- [CONFERENCE ABSTRACT] MM Bashir, M Alshamsi, S Almahrooqi, T Alyammahi, W Alhammadi, S Alshehhi, H Alhosani, F Alhammadi, F Al-Maskari. **Prevalence of chronic diseases among United Arab Emirates University students: cross-sectional study.** *European Journal of Public Health*, Volume 32, Issue Supplement_3, October 2022, ckac131.142*

10- [CONFERENCE ABSTRACT] Mitha Al Balushi, Amar Ahmad, Syed Javaid, Luai Ahmed, Fatima Al Maskari, Abdishakur Abdulle, Raghieb Ali. **The association between body fat percentage and self-reported depression in the United Arab Emirates.** *European Journal of Public Health*, Volume 32, Issue Supplement_3, October 2022, ckac131.133*

11- Elbarazi I, Yacoub M, Reyad OA, Abdou MS, Elhadi YAM, Kheirallah KA, Ababneh BF, Hamada BA, El Saeh HM, Ali N, Rahma AT, Tahoun MM, Ghazy RM. **Exploring enablers and barriers toward COVID-19 vaccine acceptance among Arabs: A qualitative study.** *Int J Disaster Risk Reduct*. 2022 November ;82:103304. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9519527/>

12- Alruwaitaa MA, Alshathri A, Alajllan L, Alshahrani N, Alotaibi W, Elbarazi I, Aldhwayan MM. **The Arabic version of the Adult Eating Behavior Questionnaire among Saudi population: translation and validation.** *Nutrients* 2022 Nov 7, 14, 4705.**

13- Abdo NM, Aslam I, Irfan S, George JA, Alsuwaidi AR, Ahmed LA and Al-Rifai RH. (2022) **Herpes simplex virus type 2 seroprevalence and associated factors in fertility-treatment-seeking population: A cross-sectional survey in the United Arab Emirates.** *Front. Public Health* 2022 November 7, 10:991040.* <https://www.frontiersin.org/articles/10.3389/fpubh.2022.991040/full>

14- Kang S, Goodman MS, Thakur HP, Grivna M, Zodpey SP. **Editorial: An insight into university medical and health science courses.** *Front Public Health*. 2022, November 2022; 10:1074966.** <https://www.frontiersin.org/articles/10.3389/fpubh.2022.1074966/full>

15- Alkaabi AJ, Alkous A, Mahmoud K, AlMansoori A, Elbarazi I, Suliman A, Alam Z, AlAwadi F, Al-Maskari F. **The prevalence and correlates of depression among patients with chronic diseases in the United Arab Emirates.** *PLoS One*. 2022 December 14;17(12):e0278818.** <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0278818>

Public Health Clerkship

Public Health clerkship



Dr. Balázs Ádám

Public Health clerkship is a rotation in the College of Medicine and Health Sciences. It offers a combination of theoretical and practical sessions to 5th year medical students. The content covers all the major public health themes including biostatistics and epidemiology, communicable and non-communicable diseases including injuries, occupational medicine, environmental health, health promotion, health policy, and health management. It was designed by mapping public health skills required for graduated medical doctors by different international health institutions and organizations, as World Health Organization, CDC, Royal Society of Public Health, UK etc. National and international Adjunct Faculty is involved in delivering sessions. The Clerkship coordinators are Dr. Balázs Ádám and Dr. Javid Nauman. It was an exciting experience for our Public Health clerkship to have a presentation by IPH adjunct Dr. Farida Al Hosani.



Dr. Javid Nauman



Dr. Farida Al Hosani

Field visits of the Public Health clerkship students

On November 21, 2022 the Public Health clerkship students visited Department of Health and Disease Prevention Screening Center in Al Ain as part of their training in public health. Moreover, they also visited the Environment Agency and Holistic Medical Center in Abu Dhabi.



Students' reflection on their Public Health clerkship rotation



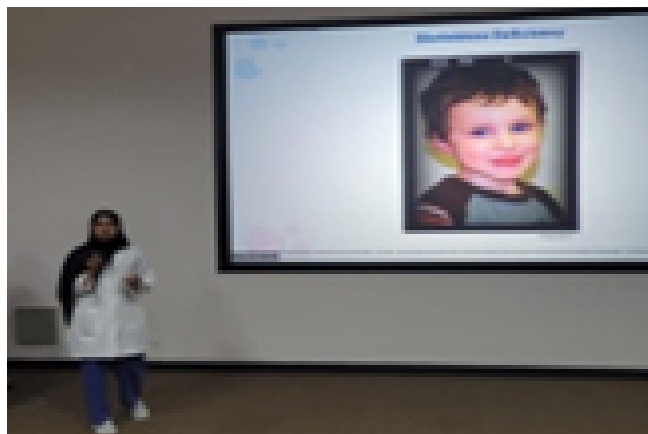
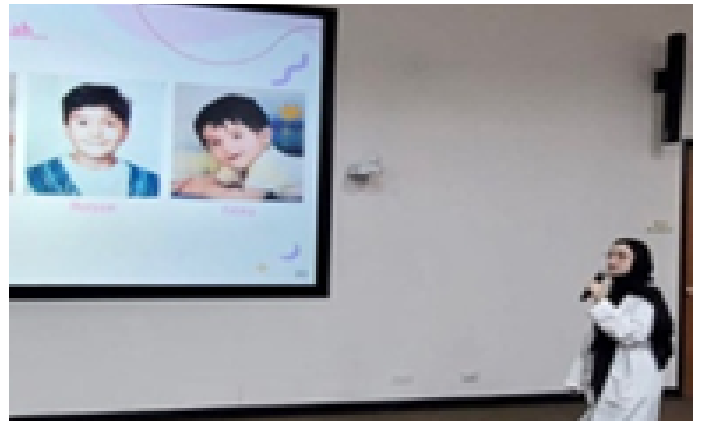
Public Health clerkship was a full-time experience in different organizations, which was an incredible value opportunity. It offered me a chance to explore the universe of research and enjoy its beauty. The skills learned throughout this month are valuable tools that I can apply in running my daily errands in the future.

Taif Humaid Ali Al Eissae
Undergraduate MD

The experience at the Public Health clerkship was personal growth. I used to be reluctant about this field, but it opened my eyes and taught me how health promotion changes lives.

I appreciate the Faculty's effort to make this clerkship informative and amusing for all of us.

Maryam Abed Alktifan
Undergraduate MD student



In the past month of the Public Health clerkship, I had a challenging but fruitful learning experience. I grew personally and academically due to the support of the faculty members.

The knowledge I gained throughout public health is something I will hold on to even after my graduation and all throughout my academic career. I wish the next batches who will take on public health could see the beauty I saw in it and have a great experience like I did!

Marwa Abdulla Talib Alkatheeri
Undergraduate MD student

IPH in numbers

September - December 2022

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SOCIAL NEWS

Dinner gathering for Dr. Emad Masuadi

On Thursday October 6, 2022, members of the IPH attended a dinner at Ayla hotel to welcome new IPH Faculty Dr. Emad Masuadi to the family of the IPH.



IPH celebrating the UAE's flag day

Members of IPH celebrated the UAE's flag day on November 3, 2022. It is a day when we celebrate and express our pride in the flag with its bright colors and deep meanings instilled by his late highness Sheikh Zayed bin Sultan al Nahyan.

Thank you from medical students - batch of 2027

Medical students (batch of 2027) brought roses for the IPH faculty as a gesture of appreciation. We wish all students best of luck and all the success in the world.



**Issue 2, Volume 4
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